

Shopping List: 10/15-10/21/18
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<p><u>Dairy:</u> *(1) dozen eggs *(1) stick of butter *2 c. cheddar cheese *sour cream *(3) Dannon Vanilla 000 yogurt *(1) cheese stick *heavy cream *24 oz. 2% cottage cheese *almond milk *3 c. mozzarella cheese</p> <p><u>Meat:</u> *1 lb bacon *2 lbs ground beef *2 lbs ground Italian sausage *pepperoni *5 lbs boneless skinless chicken breasts *3 lb boneless skinless chuck roast</p> <p><u>Frozen:</u> *okra *(2) bags of cauliflower *broccoli</p>	<p><u>Produce:</u> *3 pack Romaine lettuce *(3) apples *(6) green bell peppers *(2) cucumber *small bag of kale *celery *(5) onions *carrots *(1) zucchini *garlic *small bag of spinach *(1) lime</p> <p><u>Canned/Jarred:</u> *canned chicken breast *salsa *(3) quarts chicken stock *pizza sauce *14 oz fire-roasted tomatoes *2 c. vegetable broth *14 oz diced tomatoes *15 oz Great Northern Beans *chipotle peppers in Adobo *tomato paste</p>	<p><u>Dry Grocery:</u> *Ranch dressing *peanuts *apple cider vinegar *sparkling water *sweetener *cinnamon *onion powder *garlic powder *red pepper flakes *peanut butter *vanilla extract *mint extract *caramel extract *85% dark chocolate *cocoa powder *seasoning salt *protein powder *chili powder *cumin *cayenne pepper *paprika *Italian seasoning *bay leaf *dried parsley *1 c. cooked brown rice *oregano *cloves</p>
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